



## 2016 Jug Tavern Festival Bed Race Rules & Regulations

### BED CONSTRUCTION

- The frame of the bed does not need to be an original bed frame but must have a headboard and footboard in order to mimic a real bed.
- All beds must have four (4) wheels securely attached to the bed frame that make contact with the ground at all times.
- Minimum wheel diameter can be no less than 4" and maximum wheel diameter can be no more than 36".
- Measurement from pavement to top of mattress cannot be more than 48".
- Minimum clearance from pavement to mattress is 7".
- Beds must measure at least 3 ft. x 6 ft. but no more than 6 ft. x 8 ft. (i.e. mattress size twin or double). Handles/push bars must be included in the overall measurements and cannot exceed the overall width of the bed.
- No youth size beds, crib size, coffins or of the like.
- All beds must include a mattress.
- No steering devices.
- People powered only! Bed must have no means of mechanical assistance (no brakes, no propulsion, no motors and no rocket boosting systems ☺).
- ALL beds will be inspected prior to racing for safety and/or mechanical issues. A bed that does not meet specifications will have the opportunity to be fixed or altered prior to race start time or the team will be disqualified. This is performed for everyone's safety.

### Specifications



## **RULES & REGULATIONS**

- A team consists of four (4) pushers and one (1) rider for a total of five (5) participants per team. Only one (1) rider from start to finish of the race, and must be the same rider for the entire race. Alternates are allowed to serve as a substitute runner/pusher.
- Bed riders must wear a helmet (bicycle or football helmet) and must sit or lie flat on the bed. Absolutely no standing or kneeling.
- Participants must be at least 14 years of age or older. Participants under the age of 18 must have a parent or guardian's permission.
- All participants (including parents/guardians) must sign the waiver of liability and consent form. All team members must sign a waiver of liability prior to the start of the race.
- We encourage the pushers on the team to wear helmets as well, and we encourage everyone on the team to wear knee and elbow pads for their safety.
- Beds may not be pulled—only pushed from the sides and/or back. Absolutely no one can pull from the front of the bed.
- All pushers and riders must remain in contact with the bed at all times and be in control of the bed until it comes to a complete stop.
- All pushers must wear athletic shoes suitable for street running.
- Nothing is allowed to be thrown or tossed from the bed while it's in motion.
- Team members may not interfere with opponents in any way during the race. Teams must stay in their lane for the entire race and may not cross the center line. Any cross over to opponent's lane will cost that team three (3) seconds.
- Absolutely no alcoholic beverages allowed.

## **BED DECORATION**

- Theme or costume attire is encouraged, but please make it tasteful.
- Bed decorations are encouraged, and shall be appropriate for all ages due to the family-friendly nature of the event.
- All decorative elements to your bed must be securely attached and pose no risk to the rider, pushers or other teams. No sharp objects or projections. Race coordinators may remove any element prior to the race if necessary.
- Beds with obscene or degrading designs will not be permitted to race.
- Team name, company name or organization name must be displayed on the bed and securely fastened.

## **RACE COURSE**

The race will take place on East Athens Street near Jug Tavern Park beginning at Park Avenue down to Mill Street (just passed the Jug Tavern Store), and back. The start and finish line will be at Park Avenue. The race will be a straight course approximately 300 feet from the starting point, to the end and back.

NOTE: Remember, accidents do happen and can include falling down on the pavement, scrapes, bruises, tripping, etc. Safety gear for all participants to avoid such hazards is recommended. Everyone's safety is a

primary goal of the race. \*Please note the details of the Bed Race may change at any time due to unforeseen circumstances.

## **THE RACE**

Two teams will compete against each other per heat. In the first round, all teams race twice and each team's times are added together. The top eight (8) combined times (teams) will advance and be seeded accordingly. After timed rounds, the race becomes single elimination.

## **WHERE TO OBTAIN BED CONSTRUCTION MATERIALS**

- Thrift stores are a good place to find bed frames and other items used for decoration. You may even be able to get a bed frame or other materials donated.
- Try one of Winder's local hardware stores and auto parts stores for tires, brackets and other bed construction items. You may also have a lot of stuff around the house/garage.
- No need to buy a mattress—chances are someone on your team has an extra one that could be borrowed for the race!
- Search Google images for “bed race ideas” or simply “bed races.” You'll find tons of decoration and construction ideas! There are also lots of videos of bed races on You Tube.

## **AWARDS**

The team winning “Jug Tavern Bed Race Champion” will receive a custom-made jug trophy, \$100.00 cash and bragging rights.

Second Place team will receive a custom-made jug trophy and \$50.00 cash.

Third Place team will receive a custom-made jug trophy and \$25.00 cash.

A custom-made trophy will also be given to each team in the following categories:

- Most Creative Bed & Attire
- People's Choice Award (Pictures will be posted of each bed/team on the Jug Tavern Festival and City of Winder's Facebook page following the race. The team who receives the most likes by 9 pm on Saturday, September 10<sup>th</sup> will be declared the winner of this award.
- Broken Spring Award (What were they thinking??)

Each bed will be judged during the “Jug Tavern Festival Parade of Beds” prior to the race.

There must be a minimum of 10 teams participate in the 2016 Jug Tavern Festival Bed Races.

Save your beds! We may have other bed races during the year and each year at the Jug Tavern Festival. Your bed frame can remain the same, and it's easy to change the decorations for a whole new look!

**For any questions, please contact [april.plank@cityofwinder.com](mailto:april.plank@cityofwinder.com) or call (678) 425-6805.**